

A PLAYFUL FLOW ON A BALANCING BOARD!

TERRAWAVE

Yoga

SUNDAYS

8:30 - 9:30 AM

9:45 - 10:45 AM

AT THE YOGA DECK

Limited spaces only.

A unique outdoor experience on an Indo YogaFit® Balance Board! This uplifting class is designed to stimulate you to more consciously connect with your core, find focus and build your strength and flexibility.

Reserve your spot via:

- Whatsapp: +297 742 0988
- Facebook message: DushiYoga

\$15
PER CLASS

www.manchebo.com